

Zeno's Menu

Yoghurt bar

All creations are made for immediate consumption

Yoghurt Creations

Toppings included (excl. seeds, +)

Yoghurt Drink	10.00ghc
Mini Creation	20.00ghc
Smoothies	25.00ghc
Smoothies (with whey protein)	27.00ghc
Parfait	32.00ghc
Smoothies Bowl	30.00ghc
Cereal Bowl	32.00ghc
Topp Yog	10.00ghc +

Frozen Yoghurt Creations

Toppings included (excl. seeds, +)

Froyo Mini	25.00ghc
Yoghurt Shake	28.00ghc
Froyo Parfait	35.00ghc

Probiotic Smoothies

Bambi - banana, strawberry, mango

Oatty - oatmeal, strawberry, banana

Post Work-Out (High Protein) - whey protein, banana, strawberry/peanut butter

Caribbean Sun Town - Mango, pineapple/ passion fruit, ginger*

Impresso - coffee, banana, peanut butter, honey

Create Your Own - 2 fruits of your choice (excl. grapes & kiwi)

Extras

Homemade Cakes	10.00ghc - 12.00ghc
Homemade cookies (3)	12.00ghc
Fruit Salad	15.00ghc
Granola Plain	30.00ghc
Granola (Fruit & Nut Mix, Coconut)	40.00ghc
Granola Super Seed	45.00ghc

Drinks

Detox Drink	15.00ghc
Fresh Juice	15.00ghc
Fruit Refreshers	15.00ghc

Zeno's Yoghurt Products

Available at the Labone Branch, Abelempke Branch & Retail Stores

Plain Cup (160ml)	7.00ghc
Greek Style (160ml)	8.00ghc
Honey Bottom (160ml)	8.00ghc
Drink (330ml)	10.00ghc
Plain Set (500ml)	18.00ghc
Plain Set 0% Fat	20.00ghc
Greek Style (500ml)	23.00ghc
Plain Set (1000ml)	26.00ghc
Labneh (500ml)	25.00ghc

Pre Order - 3 days Detox Juice Cleanse (12 bottles of 500ml) - 165.00
4 Bottles per day: Super Greens, Anti-Oxidant, Energy Boost, Immune Booster